

Volunteer Hospice

OF CLALLAM COUNTY

presents

SOUL CARE SPEAKER SERIES



Why Death is the Best Teacher for Life

Presented by Karen Wyatt, M.D.

Wednesday October 12, 2022, noon – 1:30 PM

Our society avoids death as a topic even though it is the one certainty of life (in addition to taxes, of course). But the truth is that understanding and getting comfortable with the idea of our mortality can actually help us live with greater joy, deeper meaning, and more love. In this presentation you will learn what death and other tragedies can teach us about living and how to utilize this wisdom in your day-to-day life. Learn how death awareness can transform your life and help you live fully for all of your days.

Dr. Karen Wyatt is the bestselling author of the book *7 Lessons for Living from the Dying*, which contains stories of patients she cared for as a hospice doctor and the spiritual lessons she learned from them at the end of their lives. Dr. Wyatt also hosts End-of-Life University Podcast, featuring conversations with experts who work in all aspects of end-of-life care. She is widely regarded as a thoughtleader in the effort to transform the way we care for our dying in the U.S. <u>www.eoluniversity.com</u>

Free online event

Click here to register or call 360-452-1511

Information: <u>astrid.r@vhocc.org</u>

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