

Grief Support Group

Mondays, July 17 – August 14, 2023

Five-week Series -- 1:00 - 3:00 PM

Trinity United Methodist Church, 100 Blake Ave., SEQUIM

In a safe and confidential environment:

- share your feelings and experiences with others
- gain a clearer understanding of the mourning process
- learn coping strategies & skills for the emotional pain of loss



Free and open to anyone experiencing grief
Information & Registration: 360-452-1511
or office@vhocc.org

Volunteer Hospice of Clallam County offers bereavement services to anyone grieving, regardless of the circumstances of the death.

volunteerhospice.org