



**VOLUNTEER HOSPICE**  
OF CLALLAM COUNTY

# Grief Support Group

**Mondays, Nov 6 – Dec 4, 2023**

**Five-week Series -- 1:00 – 3:00 PM**

**Trinity United Methodist Church, 100 Blake Ave., SEQUIM**

**In a safe and confidential environment:**

- share your feelings and experiences with others
- gain a clearer understanding of the mourning process
- learn coping strategies & skills for the emotional pain of loss



**Free and open to anyone experiencing grief**

**Information & Registration: 360-452-1511  
or [office@vhocc.org](mailto:office@vhocc.org)**

*Volunteer Hospice of Clallam County offers bereavement services to anyone grieving, regardless of the circumstances of the death.*

[volunteerhospice.org](http://volunteerhospice.org)