

Grief Support Group

Thursdays, June 1– June 29, 2023

Five-week Series -- 1:00 - 3:00 PM

Trinity United Methodist Church, 100 Blake Ave., SEQUIM

In a safe and confidential environment:

- share your feelings and experiences with others,
- understand the mourning process better,
- learn coping strategies & skills for the emotional pain of loss.



Free and open to anyone experiencing grief Information & Registration: 360-452-1511 or office@vhocc.org

Volunteer Hospice of Clallam County offers bereavement services to anyone grieving, regardless of the circumstances of the death.

volunteerhospice.org