



VOLUNTEER HOSPICE OF CLALLAM COUNTY

## SOUL CARE SPEAKER SERIES

# Singing for the Journey

with Kate Munger

Founder of the Threshold Choir



## Wednesday March 8, 2023, noon-1:30 p.m.

When we welcome sorrow, holding loss as close to our hearts as we do joy and do it within the context of song, then we are taking steps towards healing, towards belonging; we create an invitation to share with our community (of the moment and for all time) the depth and breadth of who we are and who we are becoming. Especially when we are face to face with the death of a loved one, or any precious being, when we tiptoe in, whisper a prayer of gratitude for being of service, and begin to use our voices to spread soothing words and sounds over the pain of not knowing, of not understanding, we are aligning ourselves with the threads that make up the tapestry of life and our gift is what is needed in that moment. The gentle and heartfelt songs of the Threshold Choir are a balm to the weary, comfort to those who are struggling and a path ahead for those who are dying.



*Kate Munger has been passionate about community singing since she was 8 years old at Girl Scout Camp and has led community singing now for over 45 years. In 2000 she founded the first of now 200 Threshold Choirs around the world. Today at 73 she is retired and has returned to her passion of singing at the bedsides of people who are dying, in coma and with folks who are incarcerated.*

*She is a popular speaker among palliative care and prison reform professionals at conferences and is a gracious, skillful musical host and choral director whose joy is reminding us that we are singing beings, bringing community singing back to "the community." Kate knows that this work is deep and serious, and she offers a fresh, lively, sometimes irreverent, always relevant perspective.*

**FREE – Online – Register Here**

**Information: [astrid.r@vhocc.org](mailto:astrid.r@vhocc.org) or 360-452-1511**

*VHOCC thanks the Albert and Helen Mangan Fund for its generous support of Soul Care.*