



# Volunteer Hospice

OF CLALLAM COUNTY

presents

## SOUL CARE SPEAKER SERIES



# Heart-Centered End of Life Care:

A Discussion with Gabby Jimenez

**Wednesday August 10, 2022, noon – 1:30 PM**

Join Gabby in a conversation about how to prepare at the bedside, whether yours or loved ones. Gabby believes we can do death better; we can put less emphasis on trying to fix with a medical approach and bring back a more human touch at time of death. This presentation will focus on helping caregivers relieve fears associated with the death of a loved one and create a sense of peace and completion for a graceful passage.

Gabrielle Elise Jimenez ("Gabby") is a hospice nurse, end-of-life doula, and a conscious dying educator. Her goal is to help improve the way human beings are cared for when they die, by handing over her own tools, experience, and education to anyone caring for someone who is dying. She maintains a regular blog at [www.thehospiceheart.net](http://www.thehospiceheart.net).

Free online event

**[Click here to register](#) or call 360-452-1511**

Information: [astrid.r@vhocc.org](mailto:astrid.r@vhocc.org)

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