



Volunteer Hospice of Clallam County
829 E. 8th St.
Port Angeles, WA 98362

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VOLUNTEER HOSPICE OF CLALLAM COUNTY

SUMMER
2020

HOSPICE HAPPENINGS

Compassionate care for the terminally ill, their caregivers and their families

Serving our community since 1978



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When you switch to email delivery, you make a silent donation! THANK YOU.

MORE HOSPICE “VIRTUAL” HUGS

Community members for their generous response to the need for masks and gowns

Clara Camp • Joanna Camp • Steph Castillon • Barbara Cecil • Nancy Elwert • Linda Hammond • Arlene Havlark • Louise Lemley • Sandi Shields • Michele Soderstrom • Relief Society of the Church of Jesus Christ of the Latter-day Saints, Dungeness Ward (Erika Burton, Marianne Burton, Linda deMoss, Janell Heintz, Susan Rambert, Christy Rutherford, Sharon Ryan, Melody Van Horn)

Donations of wipes, N95 masks and other supplies

Kathryn Cooper at the Blue Heron Wellness Center • Mickey Sexton • Neeva Smith

If we missed thanking you in this issue, let us know so we can thank you in the next publication!



All events and programs are subject to change due to state and county guidelines during the pandemic. Call our office for the most up-to-date information.

EVENTS: INFORMATION AT 360-452-1511

August Clallam County Fair — cancelled
Air Affaire — cancelled

Sept. 19th (Saturday)
Sequim Bay Yacht Club “Reach & Row for Hospice

Oct. 30th (Friday)
Moose Lodge Silent Auction & Steak Dinner
(call 360 452 2157)

PROGRAMS: INFORMATION & SIGN UP AT 360-452-1511

Community Orientation to Volunteer Hospice (Online)

First Thursday every month, 11am-Noon (Sequim)
First Friday every month, 10am-11am (Port Angeles)

Community Education & Volunteer Training Series

Winter 2020, Port Angeles

Grief Support Groups

Groups meet in Sequim, Port Angeles, or online

Monthly Drop-In Support Groups

Available to participants after completion of one of our Grief Support Groups in Sequim or Port Angeles

“Living Alone Now” Workshops Focused on practical matters for those who have lost a spouse or partner

One-on-One Grief Support For anyone in the community grieving a loss, available in person or by phone



Throughout this issue, pictures of donated gowns and masks, “modeled” by the grateful VHOCC nurses. Thank you, volunteers!

WHERE WE ARE A FEW MONTHS INTO THE PANDEMIC

VHOCC continues to be committed to its mission of providing hospice services to the community and is adjusting to the phases as defined by state health officials. Current and new patients continue to receive nursing care, with nurses and volunteers following safety precautions for in-person visits.

We entered Phase 1 cautiously, bearing in mind that most volunteers and people coming to our office fall in the high-risk category (due to age and/or underlying medical conditions).

We have geared up for Phase 2, and by the time this newsletter goes to print we hope to be fully open to the public. Regardless, you can reach staff from 9 am – 4 pm Mon-Fri by calling 360-452-1511 or emailing office@vhocc.org.

The Lending Closet is open with “parking lot” pick up for members of the community who need to borrow or return medical equipment. Hours are limited so it is best to call first 360-452-1511 to ensure we can help.

VHOCC has expanded its grief support volunteer base, and initiated a Spiritual Care Provider program due to changes in funeral home policies and limitations on holding memorial and funeral services. Grief Support and Spiritual Care volunteers are available to patients and their families via phone. A videoconferencing grief support group pilot program was also offered, well-received, and will be continued in order to reach the bereaved community in this new format.

Volunteer Hospice of Clallam County is a 501(c)3 non-profit charitable organization, whose service area stretches from Diamond Point to Joyce.

The mission of Volunteer Hospice of Clallam County is to provide physical, emotional and spiritual support to terminally ill patients and their families with free around the clock registered nursing availability and trained volunteers.

This support enables patients to live out their final days as fully and comfortably as possible. Ongoing grief support services are also offered to the families and anyone in the community who has experienced the death of a loved one.

Since its inception in 1978, all services have been provided free of charge to patients and their families; VHOCC does not bill any government agency for its services.

Now more than ever, VHOCC relies on volunteers. In the past 3 years, more than 41,000 hours — the equivalent of 6 full-time employees or around \$400,000 annually— was saved. We are so grateful to our volunteers for their commitment and dedication. However, our volunteers are mostly in their 60s or over and need to be careful. Many are simply unable to continue volunteering at this time. VHOCC is actively recruiting volunteers, especially for medical equipment delivery and maintenance. We require the person to be able to lift 40 pounds and follow instructions. VHOCC also needs volunteers for cleaning medical equipment. This job would have minimal contact with the public. Training is offered. Call the Volunteer Services Manager at 360-406-4439 for further details. Would you join us?

BOARD OF DIRECTORS

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Executive Director JooRi Jun, ND
Volunteer Services Manager
 Astrid Raffinpeyloz, MA
Office Administrator Anita Chilton

DEAR VHOCC COMMUNITY,

As we continue to forge ahead in our new reality of weathering the global COVID-19 pandemic, I am humbled by the resilience of spirit, kindness of heart and steadfastness of connection that I witness and experience all around me. It has been inspiring to be part of such a strong and generous community and an honor to lead VHOCC through uncharted territory.

I want to express my deep gratitude to all those who have helped us respond to the pandemic by sewing masks and gowns, volunteering to keep our essential services going, continuing to make donations and doing your part to keep yourself and our community safe. We are able to serve because of you.

I am also excited to announce that we are looking to expand our team of staff and volunteers as well as recruiting new board members! Please continue reading below.

We continue to offer services to individuals and families facing serious illness, death and grief with compassion and dedication. It is our belief that all of us deserve to experience comfort, peace and dignity through these times. We are here for all those who need us. Please reach out to us if we can be of service.

Wishing you and your family health and peace,

JooRi Jun, ND
 Executive Director

VHOCC IS LOOKING FOR:

NURSE MANAGER

An experienced Nurse Manager to provide leadership and supervision, a strong team leader motivated by change and thriving on collaboration with several years of nursing leadership experience.

PER DIEM AND PART-TIME HOSPICE RN

Registered Nurses with hospice and palliative care experience to join an interdisciplinary team, with focus on patient-centered care.

DEVELOPMENT MANAGER

A creative and goal-oriented Development Manager to design, implement, and lead VHOCC's fundraising efforts.

BOARD MEMBERS

We're looking for people who wish to be part of building the future of VHOCC. If you are passionate about our mission to provide compassionate end of life care for the community, we want to hear from you! We are specifically looking for individuals with experience in

Fundraising and Foundation Grants
 Nonprofit Governance and Strategic Planning
 Community Relations
 Finances

We seek to have a board that represents the broad diversity of the community we serve.

If you are interested in any of the above positions, please contact us at office@vhocc.org or call Anita Chilton, Office Administrator, at 360.329.7869.

VOLUNTEER CORNER

Sally Lynum

It was a pleasure to recently talk with Hospice Lending Closet volunteers, Chas Bridge and Frank Finney, regular drivers for the Sequim area, who have also been instrumental in organizing the PA Lending Closet. After many years of volunteering at VHOCC, both clearly see the need and enthusiastically embrace any opportunity to be innovative and creative in organizing equipment and supplies, so that they are ready for our clients and the community.

Many volunteers ask, "How can I help?" When talking to Chas and Frank about their volunteering, I came to appreciate a deeper answer than I might have expected. We can, of course, help through all the tasks we do, but at the deepest level, **we help through who we are.** Everyone brings their personal gifts and talents. We need merely to look for the opportunity to fill a need, many times in ways we don't expect.

Chas recently created the plexiglass barrier in the reception area in Port Angeles, built shelves for the Lending Closet, and implemented ideas for equipment storing and inventory management in the Sequim and Port Angeles facilities. Thus, he is continuing his lifelong skills and gifts as a finish carpenter, doing finishing work, to the benefit of VHOCC.

Frank is known as an "organizer extraordinaire" by co-workers. After an engineering career, with a rich and varied manufacturing background, he turned his focus to organizing and refining the equipment in the Sequim facility. Teamed with "Super Chas," they continue their efforts to complete the recent move of the Port Angeles facility, stepping up wherever they are needed. This effort makes the job of the other volunteers so much easier if everything is always ready to go.

Both Chas and Frank agree that working collaboratively with the nurses and staff to make supplies and equipment more accessible to clients is one of the rewards of their volunteering. Seeing the relief and gratitude by clients and caregivers when a bed arrives in a home where the patient has been sleeping in a recliner for months, is uplifting and satisfying. In any organization, volunteering is a two-way street. Each party comes away feeling enriched having made a difference.

During this time of world-wide pandemic, our Hospice Lending Closet, volunteer drivers, assistants, equipment cleaners and others, touch lives by their efforts. Even when you can't touch or shake hands, the energy, caring, and help comes through. The attention volunteers provide by attending to the needs of nurses, staff, patients, families, and the community at large are felt and appreciated.

Volunteers like Chas and Frank are like fresh air, bringing new faces, equipment and supplies, and "who they are," to each situation called for as they contribute to VHOCC's Lending Closet.

Thank you for who you are!

RAFE DAVENPORT HOSPICE'S NEW TEEN VOLUNTEER

Rosalinda Castiglioni

VHOCC's new teen volunteer is a 16-year-old Port Angeles High School sophomore, Rafe Davenport. His mom, Lauren, one of our nurses, encouraged Rafe to become involved in a meaningful activity during the COVID-19 Stay Home period. Motivated to have a new experience, Rafe responded to his Mom's suggestion and encouragement.

In April, Rafe volunteered for the training on setting up equipment for hospice patients. His job is to deliver or pick up equipment from patient's homes; the commitment is for 2 hours once a week. Rafe found the initial experience of setting up the equipment a bit confusing but after his first experience of going to a patient's home, everything became easy and natural. He is able to set up a bed in five minutes with the help of the adult driver.

Considering a future as an epidemiologist, Rafe finds his volunteer experience very rewarding. He "feels good being of service to the elderly and the sick. Patients are very thankful." He plans on continuing his volunteer work through the summer.

When asked if he would encourage other teenagers to volunteer, Rafe unhesitatingly responded "definitely." He advises teen volunteers "to not worry about going to patients. You'll enjoy and love the positive experience." Without a doubt Rafe has set a model for other teenagers to follow. Be a volunteer!

HOSPICE "VIRTUAL" HUGS

VHOCC volunteer delivery teams who continue to provide medical equipment to our patients and to the community during the pandemic

Chas Bridge • John Bridge • Joe Carter • Rafe Davenport • Christie Dennis • Frank Finney • Simon Fletcher • Burt Foote • Tim Fortman • Mike Geer • Tom Herber • Owen Jones • Chuck Madden • John Matson • Phil Morgan-Ellis • Gary Poor • Martin Williams • Mike Zewe

VHOCC volunteers who sewed masks, gowns, or provided supplies

Peggy Adams • Donna Brown • Janet Burstein • Barb Carpenter • Joe Carter • Georgeann Castor • Lauren Davenport • Marca Davies • Cathy Duppenhaler • Lyell Fox • Mary Fryer • Michael Hatch • Sally Lynum • Cindy McKay • Cherste Nilde • Jean Pratschner • Sandra Relyea • Pennie Twiss • JoAnne Yerkes



HOSPICE "VIRTUAL" HUGS

Oak Table Café
 ESPRIT

Mary P. Dolciani Halloran
 Foundation

Jim's Cares: Charity of the Month
 Program at Jim's Pharmacy

Olympic Mailing Services
 Sequim Dungeness Hospital
 Guild Thrift Shop

VOLUNTEER OF THE MONTH

April Richard Asmussen, Sandy
 Rains, Debbie Trude
 May Burt Foote
 June Tom Herber
 July Cathy Duppenhaler

WE CAN DO WHAT WE DO BECAUSE OF YOU