



**Volunteer Hospice**  
OF CLALLAM COUNTY

**SOUL CARE**  
**SPEAKER SERIES**

# **The Voice of Grief** with Jacob Vermeulen

**Wed. March 12, 2025, 12 PM – 1:30 PM PT**

**FREE – Online --Register [HERE](#)**

Throughout history, in nearly all traditional human cultures, sound and singing have played a vital role in processing emotions—particularly in the grieving process. In an experiential and engaging session, Jacob will introduce a framework that explores why the voice is such a powerful tool for navigating grief. He will also address why, sadly, many people today have lost the confidence to use their voices in this way.

Drawing from his personal journey of coping with loss and the transformative role sound played in his healing, Jacob exemplifies the profound impact of this practice. He has also developed a unique method to help others reconnect with their voice. During the session, participants will be guided through a practical and accessible exercise to rediscover their voice and the healing potential it holds.

Jacob is a musician, singer, composer, and Somatic Vocal Healing Educator with over a decade of experience in the field. Through his company, Songdance, he organizes trainings, retreats, and creates innovative tools to share the restorative power of music with others.



**Information: 360-452-1511 or [astrid.r@vhocc.org](mailto:astrid.r@vhocc.org)**

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